

High Performance coach comes to Falcons

With the Boys flying high and gaining silver at the Elite Nationals it's now time for the girls. Falcons Gymnastic Academy can now confirm that Derek Potter a Women's Artist High Performance coach is joining the coaching team.



Derek has not only coached to National standard but also offers coaching education to the area as he is a gymnastic tutor.

Derek started coaching in 1986 and very soon qualified as a Club Coach and started his own club in the Plymouth area.

Derek, since then, has been a figure head for Gymnastics across the whole of the south west and this has seen him coaching at regional and national level. Derek has also gained his High Performance Coach qualification (Women's Artistic) and became a tutor and examiner.

For a number of years Derek was the Editor of the South West newsletter, a publication that goes out to all clubs and schools registered with the South West and British Gymnastics Association.

Both the boys and girls at Falcons are progressing fantastically well and Derek's addition is a statement, to everyone involved at the club, that all the gymnasts are really being helped to reach their full potential.

Mike Beagley, Head Coach at Falcons, adds: "This is an amazing step forward for Falcons and will surely move the Academy to the next level".

Please visit the new Falcons website for more details. www.falconsgymnastics.co.uk

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Date: 3rd June 2009

Notes to Editor:

The picture attached shows the Falcons Elite Girls Squad from left to right: Megan Dunn, Katie Beagley, Katie Harris, Hannah Francis, Holly Jago, Erin Rostock, Jamie Plummer, Saskia Woollam-Rees and Amber Oreshko