

## Press Release – Falcons Girls Achieve at County Competition

Falcons Gymnastic Academy attended the Devon Team competition at the weekend with representation from the top clubs throughout the county. For many of the girls competing in the Falcons Under 9 County Novice team it was their first outing in a competition. **Charlotte Feltham** had an outstanding physical preparation routine while **Imogen Sutcliffe's** bars were one of the highest scored in the age band.

A solid performance from **Sophie Lethaby, Holly Blackmore, Charlotte Freeman** and **Tilly Spendlow** help the team to a good around performance, with the team working to each other's strengths.

In the Falcons under 11's novice county team both **Jamie Plummer** and **Millie Puckey** pulled off their best set of scores so far this season coming an overall 5<sup>th</sup> and 7<sup>th</sup> respectively. **Taylor Langmead** once again, as she did at the South west Alpha Factor, pulled off a spectacular vault only losing 2 tenths with a winning score of 12.30. **Olivia Sayer**, on floor, not only had to contend with her nerves but also a CD that wouldn't play properly but overcome this situation and scored the highest score within the team. **Saskia Woollom-Rees** and **Bea Isaac** worked for the team which resulted in the team gaining Bronze medal overall in a very tight finish with only 1 point between gold and bronze.

The evening was for those children working at a higher level. This competition was smaller due to most clubs not being able to have teams that compete at this level.



Pictured from left to right: Hannah Francis, Holly Jago, Katie Harris, Megan Dunn and Katie Beagley

In the under 12's intermediate group, **Holly Jago** lead the way with a flawless overall gold medal performance. Her beam was the highest scoring of the day 12.00 with the degree of difficulty on her moves only matched by **Hannah Francis**, who would have scored the same if it wasn't for one fall. Hannah's floor was a fantastic Gold medal scoring 11.40.

**Katie Beagley** put together a good bars routine again while **Katie Harris** helped the team to secure the bronze medal.

In the over 12 open category **Megan Dunn** was up against gymnasts that the week before had competed in the British Championships. Megan did more than hold her own coming 3<sup>rd</sup> on vault and 4<sup>th</sup> overall.

Head coach Mike Beagley said, “all the hard work from both Gymnasts and Coaches is paying off and with the club now having Derek Potter, a high performance national coach, working closely with the girls it will mean great things for the future.”

For more information and details of how to join Falcons please visit our website [www.falcons-gymnastics.co.uk](http://www.falcons-gymnastics.co.uk) or ring 01271859191.