

Press Release – Falcons Buddies Impressive Medal Haul

Falcons pre squad girls attended the Invitational Buddy competition in Exeter last weekend, with teams in the under 9, 11, 13 and over 15's age bands. The girls collected medals in each of the age bands and Bea Isaac excelled in the under 11's claiming the overall gold.

In the under 9's on Bars, Falcons dominated with Imogen Sutcliffe coming first. Sophie Lethaby finished Third on Floor and Charlotte Freeman also pulled off a bronze medal routine. Third place in Physical Preparation went to Sarah Foxton. Holly Blackmore missed out on a medal, coming fourth overall, but was not disappointed, as her routines were the best she had done ever. Bebe Malek, Kaycee Wright and Polly Holman all helped towards the teams overall placing.



The under 11's on Vault was won by Bea Isaac with Anaya Evans placing second. Bars first place was also won by Bea Isaac. On Floor, Falcons took the top 4 places with Bea Isaac first, Anaya Evans second, Josie Sumners third and Lily Dunkley coming fourth while Physical Preparation silver went to Josie Sumners. Bea Isaac achieved third. Alex Pells also contributed towards the team silver medal.

The under 13 team although inexperienced at competition with Tori Harris and Abbie Brock never competing before at a full apparatus competition, Tori's performance was fantastic all, also Mel Hide manage to stick her beam and dismount with a cartwheel tuck back. On floor Zoe Townsend was third. On bars Mel Hide took the bronze medal place and Physical Preparation bronze went to Zoe Townsend. Jessica Roome had a solid competition that helped the team secure their silver medal.

In the over 15's age band all team members of Farren Dunham, Alice O'Grady, Heather Smart, Emily Giles and Emma Fitzgerald performed well and achieved the bronze team medal.

Team places were under 9 Bronze, under 11 Silver, under 13 Silver and over 15 bronze.

Head coach Mike Beagley said that this level of competition is hugely important for the club all gymnasts really enjoyed the day and for them to achieve the results they did is a credit to themselves and their coaches.

If you are interested in joining Falcons the sessions start from pre-school (Happy Hoppers) to adults. Please ring 01271 859191 or falcons.academy@btconnect.com

Just a reminder that British Gymnastics Insurance is now due and this year the annual fee has been reduced from £17.95 to £15.00. Pre-school now £10.00 and Competitive £36.00.