

Press Release – Falcons Magnificent Medal Return

Falcons Gymnastics Academy returned from the recent Exeter Challenge competition with an incredible return of 70 medals.

Exeter Challenge is the largest recreational gymnastics competition in the south west and with over 250 gymnasts competing over two days there is no getting away from the level of success everyone involved with Falcons has achieved.

The medal tally consisting of 17 Gold's, 28 Silver's and 25 Bronzes was only bettered by Exeter Gym Club and the total of 70 was more than the amount achieved by all the other North Devon clubs put together.



Boys and Girls aged between five and 15 were categorised according to their age and for the Falcons younger members it was certainly an event to remember. Gymnasts under 6 years old, many of which had never competed before, took part and managed to accomplish ten podium places between them for the five different apparatus (Vault, Trampoline, Floor, Physical Preparation and Beam or P-Bars).

The under eights also showed signs of great potential with 20 medal places across the five pieces. Five gold's, seven silvers and 8 bronzes completed a fabulous opening day for the club.

Falcons under ten gymnasts collected an impressive 22 medals on day two. Five boys and six girls competed at this age category and between them amassed three gold's, nine silver's and ten bronzes.

The three girls competing in the under 12 category collected 8 medals between them and in the over 12 category there was success all round as boys also took part. Four gold medals, four silver and two bronze completed a magnificent weekend for all the recreational gymnasts involved.

The Exeter Challenge was hugely rewarding for everyone involved with the Falcons. The medal return highlights the incredible job everyone is doing. The Gymnasts are improving exceptionally well under the guidance of the club's fantastic coaching team. Falcons would like to congratulate everyone associated with the club for the effort that is being put in. If you are interested in joining Falcons the sessions start from pre-school (Happy Hoppers) to adults. Please ring 01271 859191 or visit www.falcons-gymnastics.co.uk

Results

- Under 6 Girls: Flynn Rostock – 1st Physical Preparation, 2nd Trampoline
Kirsty Kingdom – 2nd Trampoline, 3rd Vault, 3rd Beam
Sophie Evans – 3rd Trampoline
- Under 6 Boys: Niall Weight-Short – 1st Overall, 1st Parallel Bars, 1st Physical Preparation, 3rd Trampoline
- Under 8 Girls: Isabella Cross – 2nd Floor
- Under 8 Boys: Duncan Rendall – 1st Overall, 1st Parallel Bars, 1st Physical Preparation, 3rd Floor, 3rd Trampoline
Archie Voss Bark – 2nd Overall, 1st Floor, 2nd Physical Preparation, 3rd Parallel Bars
Ben Kesler – 2nd Overall, 2nd Floor, 1st Physical Preparation
Ben Todd – 3rd Overall, 2nd Parallel Bars, 3rd Vault
Sam Stuart – 2nd Trampoline
Kai Kennerley – 3rd Physical Preparation, 3rd Vault
Alex Matthews – 3rd Physical Preparation
- Under 10 Girls: Lauren Robinson – 3rd Overall, 1st Physical Preparation, 2nd Floor
Nicole Short – 2nd Vault, 3rd Physical Preparation
Amy Rudd – 2nd Vault
Amy Frith – 3rd Vault, 3rd Floor
Bailey Tonkins – 3rd Beam
- Under 10 Boys: Liam Poyser – 2nd Overall, 1st Trampoline, 2nd Parallel Bars, 2nd Floor
Matthew Colebeck – 1st Vault, 2nd Trampoline
George Armstrong – 2nd Floor, 3rd Parallel Bars, 3rd Vault
Lucas Wilson – 2nd Vault, 3rd Floor, 3rd Trampoline
Jamie Norton – 3rd Floor
- Under 12 Girls: Shauna Rendall – 2nd Overall, 2nd Trampoline, 3rd Vault, 3rd Beam
Katie Shutt – 3rd Overall, 1st Floor, 2nd Trampoline
Charlotte Taylor-Woodward - 3rd Physical Preparation
- Over 12 Girls: Lauren Gregory – 2nd Overall, 1st Trampoline, 2nd Beam
Jess Hobbs – 3rd Overall
Kirsty Burge – 3rd Beam
- Over 12 Boys: Jack Burfit – 1st Overall, 1st Vault, 1st Parallel Bars, 2nd Trampoline, 2nd Physical Preparation