

Press Release – Clean Sweep by Falcons Boys

Three boys from Falcons Gymnastics Academy attended the South West Apparatus Championships Finals in Exeter at the weekend and came home delighted after dominating the competition.

In the under 10 category, Byron Day Rogers took Gold in the overall set routine championship whilst Adam Tobin, who was competing despite being 2 years below the age band, claimed an impressive fourth place.

In the Under 12 category, Ryan Owen put together another accomplished performance and also took overall gold.

As well as the Falcons' Boys winning both age categories they also, between them, claimed either first or second place in each of the six apparatus they competed on.



Pictured from left to right: Byron Day Rogers, Adam Tobin, Ryan Owen and Mike Beagley (Head Coach)

Adam's floor routine sealed first place with what was the highest total of the day for that apparatus, even outscoring the under 12's. An excellent achievement considering his age.

Byron's Pommel continues to go from strength to strength and his High Bar appeared seamless and almost faultless in its execution.

Ryan's Parallel Bars routine was a joy to watch. He portrayed beautiful line work and incredible strength to claim first place.

For more information and details of how to join Falcons please visit our website www.falcons-gymnastics.co.uk or ring 01271 859191.

Results

Under 10's	Overall	1 st - Byron Day Rogers, 4 th Adam Tobin
	Floor	1 st - Adam Tobin
	Pommel	1 st - Byron Day Rogers
	Rings	2 nd - Byron Day Rogers
	Vault	1 st - Byron Day Rogers
	P-Bars	2 nd - Adam Tobin
	High Bar	1 st - Byron Day Rogers
Under 12's	Floor	2 nd - Ryan Owen
	Pommel	2 nd - Ryan Owen
	P-Bars	1 st - Ryan Owen
	High Bar	2 nd - Ryan Owen