

## Press Release – Falcons End Year on a High

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Falcons Academy Gymnast ended this year's competitions on a high after the girls, competing in the Alpha Factor Championships in Bristol, and the Boys, who were part of the Devon team at the South West Floor and Vault Championships in Plymouth, returned with some excellent results.

At Alpha Factor, Taylor Langmead claimed a magnificent gold on the Bars in the Level 4 – 9 years category. In the same category Olivia Sayer also impressed in a consistent all round performance across the four apparatus.

Katie Beagley, in Level 3 – 11 and 12 years, won a fantastic bronze medal on the Beam, which for so long has been the apparatus that had eluded her.

In Level 4 – 10 and 11 years category, a 28 strong field meant the competition for places was always going to be tough. However, Sophie Johns and Holly Jago collected gold and silver respectively on the Vault and the rest of the girls consisting of Hannah Francis, Jamie Plummer and Katie Harris performed admirably in what was arguably one of the toughest competitions of the year.

Finally, Megan Dunn competing in Level 3 – Over 13 years capped of a great year with a marvellous all round performance. Despite winning silver on the Beam and bronze on the Bars she finished just outside the overall medal placings by just 0.16 points.

For the Boys, Adam Tobin and Byron Day Rogers helped the Devon Under 10's secure Bronze in the team event with their excellent contributions. Byron set the bench mark on the vault with an almost faultless 12.7 average for the best vault in the age category. Adam, despite at 8 years old being two years below this age category, again excelled on the floor with the highest score for his age category and third highest for the days competition that included gymnasts more than twice his age. Adam's overall combined scores secured him the individual gold medal for the Competition.

Ryan Owen for the Devon under 12's also hit a magnificent vault and helped his County side to Silver. His Vault scores were also the highest for his age category and was only bettered by two gymnast competing in the over 14 open competition.

To conclude the year with some excellent results from both the boys and girls was just reward for all the hard work the gymnasts and coaches have put in. Falcons is extremely proud of everyone associated with the club and looks forward to being even more successful next year.

If you are interested in joining Falcons the sessions start from pre-school (Happy Hoppers) to adults. Please ring 01271 859191 or visit [www.falconsgymnastics.co.uk](http://www.falconsgymnastics.co.uk)