

## **Press Release – Girls Excel at Buddy’s**

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23 Girls from Falcons Gymnastics Academy representing 4 different teams determined by their age at the Exeter Buddy Competition last week end and the all returned with honours.

The under 9 team consisting of Sarah Foxton, Bebe Malek, Kaycee Wright, Michelle Kingdom, Sophie Lethaby and Poly Holman claimed an excellent team bronze with a team total of 198.85 as Kaycee Wright also collected individual silver for her display in physical preparation.

The under 11’s went one better than their younger compatriots scoring 217.65 as they earned an overall team silver. Holly Blackmore, Lily Dunkley, Bea Isaac, Imogen Sutcliffe, Bailey Tonkins and Josie Sumners all put in established performances in each of the five apparatus and Bee Isaac will certainly be proud of her individual Gold on the Vault.

A team silver was also order of the day for the under 13 team of Dion Brennan, Alex Pells, Sophie Jeffery, Anaya Evans, Jessica Roome and Zoe Townsend. Dion picked up individual bronze on the Floor and Alex collected Silver in Physical Preparation. Elsewhere Jessica and Zoe excelled as they top scored and claimed individual gold’s for their respective beam and PPP routines.

Finally, the under 15’s put in tremendous all round performances to collect team gold and amass a number or individual honours. Emily Giles, Tori Harris, Melissa Hide, Farren Dunham and Emma Fitzgerald all contributed to a combined scored 204.35. There were also individual medals on offer as Emma Fitzgerald took bronze on the vault, Emily Giles collected silver on the Beam, Tori Harris shone in physical preparation to win gold and Melissa Hide claimed bronze on the Asymmetric Bars and incredible gold’s on the Beam and Floor.

A massive well done to all the girls that took part and really did the club proud. The Falcons coaches would like to congratulate each of the girls for their efforts and look forward to future successes.

For more information and details of how to join Falcons please visit our website [www.falconsgymnastics.co.uk](http://www.falconsgymnastics.co.uk) or ring 01271859191.