

Press Release – Falcons Boys Off To Nationals

Three boys from Falcons Gymnastics Academy are now busy preparing for Nationals as they all secured second place in the South West Regional Performance Trials last week.

Adam Tobin, competing at Level 1 for under nine year olds, put in a fantastic all around performance to win silver in the qualifiers and missed out on gold by just 0.05 points. Throughout the competition Adam consistently showed why he is one of the South West brightest young talents as he earned top ranking on four of the seven apparatus and collected second on the remaining three. The highlight of Adam's competition was his near perfect Vault. The 9.80 score he achieved was the highest of the day for all gymnasts under 14 competing in the set routines.

Byron Day-Rogers, competing at Level 3 for under eleven year olds, put in a performance of excellent strength and poise to earn his silver medal. Two firsts, two seconds and a third contributed to Byron's overall score and only missed on placing on the other two pieces of apparatus by an agonising 0.15 points. It was, however, Byron's superior power that really proved pivotal on the day as his Pommel Horse routine, that amassed a tremendous 9.40 was the highest scoring routine of the day across any of the five levels of competition.

Finally, Ryan Owen, competing at Level 4 for under twelve year olds, completed the day for Falcons' trio on fine gymnasts as he too won overall silver to seal his place at Nationals. Ryan, whose agility is up there with the very best, put in a superb all round performance to pick up three firsts, two seconds and two thirds. Ryan dominated on the High Bar and his Rings routine of 9.40 was better than anyone competing in the sets from any of the five age groups.

The competition, overall, can be regarded as a massive success and each of the three boys know that with hard work and dedication, as well as expert tuition from their coach, Mike Beagley, they can be confident of attending the upcoming Nationals and returning with much more success.

For more information and details of how to join Falcons please visit our website www.falcons-gymnastics.co.uk or ring 01271859191.