

Falcons Gymnastic Academy

Newsletter October 2009



CHRISTMAS PARTY AND AWARDS NIGHT

You are all invited to the Christmas Party and Awards night, to be held on Saturday December the 12th at "FUNDERZONE". Tickets are £2.00 per Person. Children under 10 must be accompanied by an adult. As the tickets are limited, **they will be sold on a first come first served basis**. Please fill out the tear-off slip below. For more detailed information about the Event and the Awards, Please see the Notice board.

CARNIVAL NEWS

Well done to the award winning Carnival Float. **1st place** for our entry "Winter Wonderland". Firstly an extra special well done to Selina, who co-ordinated it all. Special thanks to: Bill Hockin for the Lorry and driver; Bruce Issac (Sign Shop) for his time, tools and signs; Martin Masters for the van; Pete Elder for Barum Gate car park; Mike Lewis, Simon Jago, Ian Owen, Steve Isaac, Mark Dorman and Stephen Platt for help with building the float; Selina's Mum, Stacey Dorman and all the ladies that helped on the day, or at Happy Hopper classes with all the painting, sewing, props and displays; Maureen for the Bacon Sandwiches; All the Parents and children who took the time and effort to dress up in some amazing outfits: To all the Gymnasts and collectors following the float and all those that dismantled the float. Well Done. I'm very Sorry if I missed anyone out.

Committee Meeting

Next meeting to be held at Barum Gate
@ 8.00pm on 05th October 2009.

New Judges

Well done to Richard Parkin and Mark Dorman who have both recently Passed their regional Men's Judging Exams.

Goodbye and Thanks

To Nicola Dixon for her help and Support coaching

Exeter Challenge

On the 10th and 11th October 2009. Many Gymnasts will be Travelling to Exeter. For some this is their first Big competition. Best of luck to you all.

Please email me, if you have any items of interest for the Next Edition simonjago@blackberry.orange.co.uk simon@sjago5.wanadoo.co.uk

Falcons Cheerleaders Fashion Show.

Many thanks to Stacey Dorman and the Cheerleaders, for their donation following the recent Fashion Show held at the Queens Hall. Thanks to all those who helped and attended the Event.

NEW YEARS EVE BUFFETT TABLE @ BARUM GATE - £11.00 PER PERSON CHILDREN WELCOME
ASK FOR FALCONS AREA

Exeter Buddy Team Competition Results Held on Sunday September 20th 2009

U9- Team of Charlotte Freeman 7th, Sarah Foxton 9th, Imogen Sutcliffe 11th, and Polly Holman 14th, Won Team Bronze.
U9- Team of Holly Blackmore 4th, Sophie Lethaby 14th, Kaycee Wright 16th, and Bee Malek 18th. Team Came 4th.....
U11- Team of **Bea Issac 1st**, Josie Sumners 4th, Anaya Evans 7th, Lily Dunkley 8th, Alex Pells 9th. Won Team Silver....
U13-Team of Zoe Townsend 5th, Mel Hide and Torri Harris =7th Jessica Roome 13th, Abbie Brock 15th Won Team Silver.
Over 15 -Team of Emma Fitzgerald, Farren Dunham, Emily Giles, Alice O'Grady and Heather Smart, Won Team Bronze...

Important Issues

INSURANCE NOW DUE - PRE SCHOOL £10.00 / GENERAL GYM £15.00 / COMPETITIVE £36.00

- **IF YOU HAVE ANY SPONSORSHIP MONEY NOT PAID FOR SNOWDON WALK PLEASE PAY ASAP**
- Gym Fees- Could you please make sure that the fees are paid on time.
- Parents, could you please ensure that children in your care not taking gym lessons, are supervised at all times, both inside or outside the building. The Academy can not be held responsible if an accident occurs.
- NO Nail Varnish:- This is a very important safety issue, if an accident occurs, paramedics require a visible sign of the blood capillary refilling when the nail is pressed. **Also Keep nails short.**
- HYGIENE:- Chewing gum now **Banned**. NO FOOD allowed in the changing room, all food must be eaten upstairs. Please keep all areas tidy and please remember to wash your cups, "it's not a café".
- If you have any issues or concerns please feel free to contact the club's welfare officer Helen Feltham

Name.....I would like Tickets, for the Christmas Party and Awards Night. Please find enclosed, my fee of